

NewMoonMay 2011 Un-transcended. Like the Moon.

Guess what? At this very second, your soul is incredibly excited about whatever it is that you are going to do next. You could be about to break into tears, you could be about to be diagnosed with a terrible illness, you could be about to win the lottery or lose your job – no matter what it is, your soul can't wait to see what it is that you will do, how it will feel, where it will take you.

Imagine that you are an immortal, divine essence, or soul – in what ways would your place or time be limited? Probably none. And yet, for some reason you've chosen, at least once and maybe many times, to come "In" to a body. Why would you do that? If you could be anywhere, anytime, why choose here, now? What does being "In" a body do for you that you can't find anywhere else? What does being "in a body," i.e incarnate, on this planet at this time do for you, the immortal divine essence?

If you have infinite choices, why would you choose to be inhabiting a biological vehicle that you know will fall apart? Why would you choose to have consciousness of the life-cycle of the human you are? Do you see what I'm saying? Your soul absolutely chose you: your parents, your job, your sexuality, your insecurities, falsehoods, triumphs and heartbreaks. Your soul chose to be "In" you during your life. It chose to experience your experiences!

And if it is truly a divine, immortal essence with infinite choices, why would it do that?

I think it's because it's FUN for your soul to be you. Imagine that – your soul loves being you, it loves having the experiences you have. It is constantly excited by what you do. "Wow," it says, "what will we do next? How will we respond to this moment?"

Whether you realize it or not, your soul feels incredibly lucky to be "In" you. You are the Carne that your soul chose to inhabit out of all the infinite choices it could have made. Your life is a joyride, a bungee jump for your soul. Because there is at all times an element of surprise for your soul, which has to do with how you exercise Free Will.

"Free will," according to Jung, "is the ability to GLADLY do that which I must do." Your soul chose to experience the limitations of your mortal body in order to see if you will ever realize how lucky you are to be alive. The more evolved and excited your soul is, the bigger the challenges it will have taken on. It would only be an average soul, at best, that chose a life without struggle. Because It is the experience of struggle, and how you develop your free will, that is getting your soul off.

There, I said it, your soul gets off on being you. That's all. Would you really chose some flat stasis, some mental construct of neutrality, something as boring as a life where everything had been transmuted, processed, transcended? The Last thing your soul wants is transcendence.

Your current struggles are giving your soul goosebumps. Go gladly into them, with a wide open and naïve heart. Take every risk you can imagine. Do not hide from anything.

Saturn, the keeper of our prenatal resolves, is saying just this. He is the guide, the Star of Destiny, for the New Moon. Tonight, May 2, 2011 at just about midnight, we get to start a new cycle in our lives. He asks us to embody ***The burning of a bough of sage.***

Wishful thinking. Hoping for the best. Looking toward a new start. Naive and gullible, you are suspended, quiet, receptive, and lacking in discernment. Desiring with authentic feeling to bring a resonant impulse to bear, yet hobbled by blind fervor and tunnel vision. Prone to easy ways out and ideological positions. You are

oddly poised between sheer reflective inwardness and exaggerated attempts to come out with ways to get on with the shared reality. A bit confused and at a loss. But charming, endearing, appealing, well-intentioned, and idealistic in ways half delusional and half genuinely restorative.

This month, vow to give your soul what it wants. Vow to be sweet, dorky, vulnerable, visionary and reactive, completely un-transcended.

Like the Moon.

Jon